

Clarksville Athletic Club Zone Summer Schedule (Effective 5/27/21)

Ages 7-13 yrs

Monday – Friday 9:00am – 11:00pm / 5:00pm – 8:00pm

Reservations required. Call or see service desk to reserve your child’s spot in class. You may call three days in advance for reservations. The Zone is only open during the day when there are scheduled CMCSS days off and summer.

Limited to 2 hours per day or 7 hours per week

Children must be dressed and prepared to participate in activities. Athletic shoes only.

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Outdoor Activities (Grassy area/sand volleyball)	Sports Fun (Racquetball Court)	Basketball/Sports (half court)	Self Defense (Zone)	Outdoor Activities (Grassy area/sand volleyball)
10:00	Self Defense (Zone)	Circuit Fun (Zone)	Swimming (indoor pool)	Relay Race Fun (Track)	Basketball/Sports (half Court)

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:00*	**Special guests/ Indoor Zone fun	Basketball/Sports (Basketball court)	Indoor Zone Fun (Zone)	**Special guests/ Outdoor activities (grassy area/sand volleyball)	Free play (Zone)
6:00	Circuit Fun (Zone)	Free Play/Self Defense	Circuit Fun (Zone)	Self Defense (Zone)	Sports Time Fun (Racquetball Court)
7:00	Relay Race Fun (Track)	Outdoor Activities (Grassy Area/sand Volleyball)	Swimming (indoor pool)	Well beats (Group x2)	Circuit Fun (Zone)

See monthly special guest schedule

**It is highly recommended they come dressed in weather appropriate attire for days scheduled to go outside and on swim days! In the event of rain, all activities will be held in the Zone. In the event of excessive heat or high heat index, instructors have discretion to change schedule.