

# CLARKSVILLE ATHLETIC CLUB 2022 FALL SCHEDULE (effective 8-29-2022)

## Kid's In Motion Activity Calendar

Ages 4 years - 6 years

You may RESERVE UP TO THREE DAYS IN ADVANCE. Call 931-645-4313 or see the service desk to reserve your child's spot in class.

Limited to 2 hours per day and 7 hours per week. Parent's must bring child to the restroom before dropping off/signing in to class.

Athletic shoes only.

+Water bottles are required+. Daily changes/outdoor activities will be added to the classroom door schedule.

^Please check monthly special guest schedule.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4y-6y 9:00am-10:00am Circuit Fit & Fun Youth Fitness Rm	4y-6y 9:00am-10:00am Ready, Set, Run! Track	4y-6y 9:00am-10:00am Railyard Obstacle Course Youth Fitness Rm	4y-6y 9:00am-10:00am Ready, Set, Run! Track	4y-6y 9:00am-10:00am Youth Pump! Youth Fitness Rm	(Nursery)
4y-6y ^10:00am-11:00am Ready, Set, Run! Track	4y-6y ^10:00am-11:00am Movin-n-Shakin Youth Fitness Rm	4y-6y ^10:00am-11:00am Floor Is Lava! Youth Fitness Rm	4y-6y ^10:00am-11:00am Youth Pump! Youth Fitness Rm	4y-6y ^10:00am-11:00am Railyard/Relay Races Youth Fitness Rm	(Nursery)
4y-6y 11:00am-12:00pm Sports Act. Youth Fitness Rm	4y-6y 11:00am-12:00pm Fun & Games Youth Fitness Rm	4y-6y 11:00am-12:00pm Food Pyramid Fun Youth Fitness Rm	4y-6y 11:00am-12:00pm Hoops & Ropes Youth Fitness Rm	4y-6y 11:00am-12:00pm Fun & Games Youth Fitness Rm	(Nursery)
4y-6y ^6:00pm-7:00pm Floor Is Lava!  Youth Fitness Rm	4y-6y ^6:00pm-7:00pm Railyard Obstacle Course  Youth Fitness Rm	4y-6y ^6:00pm-7:00pm Relay Challenge  Youth Fitness Rm	4y-6y ^6:00pm-7:00pm Circuit Fit & Fun/ Youth Pump!  Youth Fitness Rm	(Nursery)	
4y-6y 7:00pm-8:00pm Food Pyramid Fun Youth Fitness Rm	4y-6y 7:00pm-8:00pm Sports Activities Youth Fitness Rm	4y-6y 7:00pm-8:00pm Fun & Games Youth Fitness Rm	4y-6y 7:00pm-8:00pm Hoops & Ropes Youth Fitness Rm	(Nursery)	

All 4y-6y must utilize K-I-M during above schedule time. Nursery will accept 4y-6y M-F 12p-1p/M-Th4p-6p/Friday 4p-8p/Saturday 8a-1p.