

Clarksville Athletic Club Zone 7YR-13YR Summer Schedule (Effective 05/25/23)

THE PROCARE CHILDCARE APP MUST BE DOWNLOADED FOR SIGN IN AND SIGN OUT

Monday – Friday 9:00am – 11:00pm / 5:00pm – 8:00pm

Reservations highly recommended. Call or see service desk to reserve your child’s spot in class. You may call three days in advance for reservations.

Limited up to 2 hours per day or 7 hours per week

Children must be dressed and prepared to participate in activities. Athletic shoes only.

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Outdoor Activities (Grassy area)	Sports Fun (Racquetball Court)	Basketball/Sports (half court)	Sports Fun (racquetball court)	Outdoor Activities (Grassy area)
10:00	Circuit Fun (Zone)	Track Fun (Zone)	Zone Fun (Zone)	Self Defense w Mr. Richard (Zone)	Swimming Fun (Indoor Pool)
Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:00*	Indoor Zone fun (Zone)	Basketball/Sports (Basketball court)	Track Fun (track)	Outdoor Activities (Grassy area)	Zone Fun (Zone)
6:00	Track Fun (track)	Self Defense (Zone)	Zumba w/Ms Cindy (Zone)	Self Defense (Zone)	Sports Time Fun (Racquetball Court)
7:00	Circuit Fun (Zone)	Swimming Fun (Indoor Pool)	Zone Fun (Zone)	Swimming Fun (Indoor Pool)	Circuit Fun (Zone)

See monthly special guest scheduleIt is highly recommended they come dressed in weather appropriate attire for days scheduled to go outside and on swim days! In the event of rain, all activities will be held in the Zone. In the event of excessive heat or high heat index, instructors have discretion to change schedule. Outdoor activities are weather permitting**

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