## CLARKSVILLE ATHLETIC CLUB 2024 WINTER SCHEDULE (Effective 1/26/2024)

## **Kid's In Motion Activity Calendar**

Ages 4 years - 6 years

>><u>NEW:</u> Age 3 ½ yr old's can be reserved & attend during the Fall/Winter Morning Classes!<< (During CMCSS School Breaks & Holidays, 3 ½ yr olds will attend the Nursery during normal Nursery hours.)

You may RESERVE UP TO THREE DAYS IN ADVANCE. Call 931-645-4313 or see the service desk to reserve your child's spot in class.

Limited to 2 hours per day and 7 hours per week. Parent's must bring child to the restroom before dropping off/signing in to class. Athletic shoes only

+Water bottles are required+. Daily changes/outdoor activities will be added to the classroom door schedule.

^Please check monthly special guest schedule.

## \*ALL PARENTS MUST DOWNLOAD THE PROCARE CHILDCARE APP FOR SIGN IN/OUT\*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4y-6y	4y-6y	4y-6y	4y-6y	4y-6y	
9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	(Nursery)
Circuit Fit & Fun	Ready, Set, Run!	Movin-n-Shakin	Ready, Set, Run!	Railyard Fitness	
Youth Fitness Rm	Track/YFRM	Youth Fitness Rm	Track/YFRM	Youth Fitness Rm	
4y-6y	4y-6y	4y-6y	4y-6y	4y-6y	
10:00am-11:00am	10:00am-11:00am	10:00am-11:00am	10:00am-11:00am	10:00am-11:00am	(Nursery)
Ready, Set, Run!	Railyard Obstacle Course	Floor Is Lava!	Youth Pump!	Sports Activities	
Track	Youth Fitness Rm	Youth Fitness Rm	Youth Fitness Rm	Youth Fitness Rm	
4y-6y	4y-6y	4y-6y	4y-6y	4y-6y	
11:00am-12:00pm	11:00am-12:00pm	11:00am-12:00pm	11:00am-12:00pm	11:00am-12:00pm	(Nursery)
Sports Activities	Fun & Games	Hoops & Ropes	Food Pyramid Fun	Fun & Games	
Youth Fitness Rm	Youth Fitness Rm	Youth Fitness Rm	Youth Fitness Rm	Youth Fitness Rm	
4y-6y	4y-6y	4y-6y	4y-6y		
6:00pm-7:00pm	6:00pm-7:00pm	6:00pm-7:00pm	6:00pm-7:00pm		
Floor Is Lava!	Hoops & Ropes	Sports Activities	Circuit Fit & Fun/	(Nursery)	
			Youth Pump!		
Youth Fitness Rm	Youth Fitness Rm	Youth Fitness Rm	Youth Fitness Rm		
4y-6y	4y-6y	4y-6y	4y-6y		
7:00pm-8:00pm	7:00pm-8:00pm	7:00pm-8:00pm	7:00pm-8:00pm	(Nursery)	
Food Pyramid Fun	Relay Challenge	Fun & Games	Railyard Relay	-	
Youth Fitness Rm	Youth Fitness Rm	Youth Fitness Rm	Youth Fitness Rm		

All 4y-6y must utilize K-I-M during above schedule time. Nursery will accept 4y-6y M-F 12p-1p/M-Th4p-6p/Friday 4p-8p/Saturday 8a-1p.