

# CLARKSVILLE ATHLETIC CLUB 2024 FALL/WINTERSCHEDULE (Effective 9/3/2024)

## Kid's In Motion Activity Calendar

Ages 4 years - 6 years

>>**NEW:** Age 3 ½ yr old's can be reserved & attend during the Fall/Winter Morning Classes!<<  
 (During CMCSS School Breaks & Holidays, 3 ½ yr olds will attend the Nursery during normal Nursery hours.)

You may RESERVE UP TO THREE DAYS IN ADVANCE. Call 931-645-4313 or see the service desk to reserve your child's spot in class.

Limited to 2 hours per day and 7 hours per week. Parent's must bring child to the restroom before dropping off/signing in to class. Athletic shoes only

+Water bottles are required+. Daily changes/outdoor activities will be added to the classroom door schedule.

^Please check monthly special guest schedule.

### \*ALL PARENTS MUST DOWNLOAD THE PROCARE CHILDCARE APP FOR SIGN IN/OUT\*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>4y-6y</b> <b>9:00am-10:00am</b> Circuit Fit & Fun Youth Fitness Rm	<b>4y-6y</b> <b>9:00am-10:00am</b> Ready, Set, Run! Track/YFRM	<b>4y-6y</b> <b>9:00am-10:00am</b> Movin-n-Shakin Youth Fitness Rm	<b>4y-6y</b> <b>9:00am-10:00am</b> Ready, Set, Run! Track/YFRM	<b>4y-6y</b> <b>9:00am-10:00am</b> Railyard Fitness Youth Fitness Rm	(Nursery)
<b>4y-6y</b> <b>10:00am-11:00am</b> Ready, Set, Run! Track	<b>4y-6y</b> <b>10:00am-11:00am</b> Railyard Obstacle Course Youth Fitness Rm	<b>4y-6y</b> <b>10:00am-11:00am</b> Floor Is Lava! Youth Fitness Rm	<b>4y-6y</b> <b>10:00am-11:00am</b> Youth Pump! Youth Fitness Rm	<b>4y-6y</b> <b>10:00am-11:00am</b> Sports Activities Youth Fitness Rm	(Nursery)
<b>4y-6y</b> <b>11:00am-12:00pm</b> Sports Activities Youth Fitness Rm	<b>4y-6y</b> <b>11:00am-12:00pm</b> Fun & Games Youth Fitness Rm	<b>4y-6y</b> <b>11:00am-12:00pm</b> Hoops & Ropes Youth Fitness Rm	<b>4y-6y</b> <b>11:00am-12:00pm</b> Food Pyramid Fun Youth Fitness Rm	<b>4y-6y</b> <b>11:00am-12:00pm</b> Fun & Games Youth Fitness Rm	(Nursery)
<b>4y-6y</b> <b>6:00pm-7:00pm</b> Floor Is Lava!  Youth Fitness Rm	<b>4y-6y</b> <b>6:00pm-7:00pm</b> Hoops & Ropes  Youth Fitness Rm	<b>4y-6y</b> <b>6:00pm-7:00pm</b> Sports Activities  Youth Fitness Rm	<b>4y-6y</b> <b>6:00pm-7:00pm</b> Circuit Fit & Fun/ Youth Pump! Youth Fitness Rm	(Nursery)	
<b>4y-6y</b> <b>7:00pm-8:00pm</b> Food Pyramid Fun Youth Fitness Rm	<b>4y-6y</b> <b>7:00pm-8:00pm</b> Relay Challenge Youth Fitness Rm	<b>4y-6y</b> <b>7:00pm-8:00pm</b> Fun & Games Youth Fitness Rm	<b>4y-6y</b> <b>7:00pm-8:00pm</b> Railyard Relay Youth Fitness Rm	(Nursery)	

All 4y-6y must utilize K-I-M during above schedule time. Nursery will accept 4y-6y M-F 12p-1p/M-Th4p-6p/Friday 4p-8p/Saturday 8a-1p.