

Clarksville Athletic Club Zone Activity Schedule Fall/Winter Effective (8/19/24)

Ages 7-13 yrs

Monday – Thursday 6:00pm – 8:00pm

(The Zone will be open mornings from 9am-11pm only when CMCSS has scheduled days off and with 5 reservations)

Reservations are highly recommended. Call or see service desk to reserve your child’s spot in class. You may call three days in advance for reservations.

Limited to 2 hours per day/7 hours per week

Children must be dressed and prepared to participate in activities. ATHLETIC SHOES ONLY.

Day/Time	Monday	Tuesday	Wednesday	Thursday
6:00	Indoor Fun (Zone)	Self Defense (Zone w Mr. Richard)	Fitness Fun (Zone)	Self Defense (Zone w Mr. Richard)
7:00	Circuit Fun (Zone)	Wally ball (Court 2)	Circuit Fun (Zone)	Indoor Fun (Zone)